

# STYX TOURNAMENT RULES



## GENERAL RULES:

### u12 / u14 / u16 / u19:

7 v 7 - 6 field players & 1 goal keeper

Teams may play with an extra field player in the event they do not have a GK

**Teams are NOT permitted to camp a player out in the goal cage**

If you want someone to play GK - put them in gear and let them play GK

Regulation goal cages are used for these ages. No GK - small lax cage is used. Teams need to score around or above the lax cage.

### u8 / u10:

5 v 5 - 4 field players & 1 goal keeper

Teams may play with an extra field player in the event they do not have a GK

**Teams are NOT permitted to camp a player out in the goal cage**

If you want someone to play GK - put them in gear and let them play GK

Small goal cages are used for these ages. No GK - open net, no cones.

Teams may adjust, based on needs (5v5 or 6v6).

We will play **outdoor rules**. Hits and aerials are allowed. All shots on cage are legal if deemed safe.

Ball must go **3 yards before entering the circle when over the 50 yard line**

We will play **modified corners** when a penalty is awarded in the circle (**see below**).

u8 and u10 will play a free hit coming in from the 50 yard line.

We will play strokes if one is awarded

No shootouts will be played in the event a tie

Official score will be kept at the table

Medals will be awarded for 1st place

There will be no time outs

Games will be 25 minutes running time

GKs can sub from behind the cage

Field players will sub at the 50

## NCAA / FIH Rules:

**Team listed first is home and will be dark uniforms**

**Team listed second is away and will be white uniforms**

## MODIFIED CORNERS:

When a penalty is awarded to the attack - they will start the ball at the 50 yard line.

The defense will send 3 of the 6 field players to the opposite end line. The other 3 can remain in the cage with the GK.

Attack may use all 6 players if they chose to advance to goal.

1 pass is required before attack can shoot on goal.