

2024 - 2025 WINTER

COMPETITION TEAM



U12

Ages:

August 2008 - July 2010

Tournaments:

Shooting Star Thanksgiving

November 29 - December 1

River City Sportsplex, Midlothian VA



Practices:

Thursdays in Auburn

Sundays in Portland

Start Date:

November 3

End Date:

December 1

Cost:

Provided on Invitations

U14

Ages:

August 2006 - July 2008

Tournaments:

Shooting Star Thanksgiving

November 29 - December 1

River City Sportsplex, Midlothian VA



Practices:

Thursdays in Auburn

Sundays in Portland

Start Date:

November 3

End Date:

December 1

Cost:

Provided on Invitations

U16

Ages:

August 2012 - July 2014

Tournaments:

Shooting Star Thanksgiving

November 29 - December 1

River City Sportsplex, Midlothian VA



NFHCA Winter Escape

January 17 - January 19

Bombay Sports Complex, Seminole County FL



Practices:

Thursdays in Auburn

Sundays in Portland

Start Date:

November 3

End Date:

January 19

Cost:

Provided on Invitations

U19

Ages:

August 2008 - July 2010

Tournaments:

Shooting Star Thanksgiving

November 29 - December 1

River City Sportsplex, Midlothian VA



NFHCA Winter Escape

January 17 - January 19

Bombay Sports Complex, Seminole County FL



Practices:

Thursdays in Auburn

Sundays in Portland

Start Date:

November 3

End Date:

January 19

Cost:

Provided on Invitations

COST

What your dues include:

- I. Practices
- II. Tournaments
- III. Coach Stipends
- IV. Nutritionist Sessions
- V. Strength & Conditioning Sessions
- VI. Film Sessions
- VII. Mental Performance Coach Sessions
- VIII. Recruiting Guidance

What your dues do not include:

- I. Uniforms
- II. Transportation & Accommodations
- III. Additional Tournaments
- IV. Memberships
- V. Film Packages
- VI. Recruiting Platforms

TRYOUTS

October 12

u12 / u14

Portland Sports Complex

5:00 - 6:30 pm

Check In @ 4:40 pm

October 13

u16 / u19 / All GKS

Portland Sports Complex

9:00 - 11:00 am

Check In @ 8:40 am

Bring all standard gear & water

Wear a numbered reversible pinnie

Does not need to be STYX

We will have number bibs

You can purchase a pinnie upon arrival

If you did order a pinnie - you will get a check in

